



SPRING LAKE COMMUNITY
Fitness & Aquatic Center



A new full-service, state-of-the-art athletic facility with everything a family needs to have fun while staying fit and active year-round



Located at Spring Lake High School
16140 148th Avenue | Spring Lake, MI 49456
(616) 847-5858 | www.slcfac.com



SPRING LAKE COMMUNITY
Fitness & Aquatic Center

- 8-lane competition pool with a diving well and room for water aerobics, water polo and other aqua-fitness activities
- Family pool with a 100-ft waterslide, fountains, lazy river, waterfall and many other water toy features
- 14-person hot tub
- Fully-equipped weight room
- State-of-the-art cardio room
- Group exercise classes such as spinning, kickboxing, body pump, yoga and Pilates
- Multi-purpose room for basketball, volleyball, wrestling or other activities
- Basketball and volleyball leagues, swim lessons and martial arts classes
- 1/12-mile indoor track
- 10-person steam room
- Large locker rooms and four separate family dressing rooms
- A "wet classroom" for instruction, kids' birthday parties, or other group events
- Designated parking near the entrance



Hours of Operation

M-F 5:30am-10pm | Sat 8am-8pm | Sun 12pm-8pm

Annual Membership	Resident	Nonresident
Family	\$600	\$700
Couple	\$500	\$600
Senior Couple	\$300	\$400
Individual	\$300	\$400
Senior Individual	\$200	\$250
Student	\$200	\$250

Miscellaneous

Indoor Track Only	\$15/month	\$20/month
Drop-In Fitness	\$10/day	\$15/day
Drop-In Family Pool	\$15/day	\$20/day
	per person	per person

Dues may be paid annually, semi-annually or monthly.
 A small surcharge will be applied to monthly billing.



For Immediate Release

September 9, 2008

Contact: Jason Epplett, Facility Director

Phone: (616) 847-5858 ext. 2300

Email: jepplett@spring-lake.k12.mi.us

Fitness & Aquatic Center Grand Opening September 20

Spring Lake, Michigan – Spring Lake Public Schools will hold a grand opening and open house to celebrate the completion of the new Spring Lake Community Fitness & Aquatic Center on Saturday, September 20 from noon – 6:00 p.m. The center is located at Spring Lake High School, 16140 148th Avenue, and is the first facility in West Michigan to offer complete health club amenities and an indoor water park at a single location. The public is invited to tour and use the facility for free during grand opening hours.

The 66,350 square-foot fitness and aquatic center was built using bond funds approved by voters in 2006. Key features include:

- A family pool with a 100-ft. waterslide, waterfalls, fountains, a “lazy river” current pool, and several other water toy features
- A 3,900 square-foot, fully-equipped weight room
- A 6,000 square-foot, state-of-the-art cardio room
- An 8-lane competition pool with room for water aerobics and other aqua-fitness activities
- A 1/12-mile indoor track
- A 12-person hot tub and steam room

The center will also offer group fitness classes, daycare, and birthday party/group event packages, which according to Facility Director Jason Epplett represent just some of the ways the center is positioned to serve the public. “We want everyone to know that the center has been designed with the community in mind. It may be located on school property, but it is here for everyone in West Michigan to use and enjoy.” Annual membership dues range from \$200 for students and seniors who are district residents to \$700 for a non-resident family. “People will find that these rates are much lower than other health clubs with similar offerings,” Epplett said. “We have also established separate drop-in fees for the entire facility, the family pool and the indoor track to make it attractive for those who can’t get to us on a regular basis.” The Spring Lake Community Fitness & Aquatic Center will begin regular hours of operation for the public on Monday, September 22.

(more on page 2)



Hours of Operation:

Monday - Friday 5:30 a.m. -10:00 p.m.

Saturday 8:00 a.m. – 8:00 p.m.

Sunday 12:00 p.m. – 8:00 p.m.

<u>Annual Membership</u>	<u>Resident</u>	<u>Res/Monthly</u>	<u>Nonresident</u>	<u>Nonres/Monthly</u>
Family	\$600	\$53.50	\$700	\$62
Couple	\$500	\$45	\$600	\$53.50
Senior Couple	\$300	\$28.50	\$400	\$37
Individual	\$300	\$28.50	\$400	\$37
Senior Individual (62 and over)	\$200	\$20	\$250	\$24
Student	\$200	\$20	\$250	\$24

Miscellaneous

Indoor Track Only	\$15/month	\$20/month
Drop-In Fitness	\$10/day	\$15/day
Drop-In Family Pool	\$15/day per person	\$20/day per person

Spring Lake Community Fitness & Aquatic Center

16140 148th Avenue

Spring Lake, MI 49456

Ph: (616) 847-5858

Web: www.slcfac.com

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SPRING LAKE COMMUNITY
Fitness & Aquatic Center

*Come play
for the day!*



Grand Opening and Open House
Saturday, Sept 20 from Noon til 6pm
Located at the Spring Lake High School



**Use the facility
for free during the
grand opening!**

Huge family pool with
100-ft waterslide, waterfall,
fountains, and lazy river

14-person hot tub
and steam room

Fully-equipped weight
room and multi-purpose
room for basketball,
volleyball and other sports

State-of-the-art cardio
room and indoor track

Group fitness classes

Spectacular eight-lane
competition pool with
room for water aerobics
and other aqua-fitness
activities

One Month Free!

Sign up for a
1-year membership
before Nov 1
and get the
13th month free!

Food and refreshments provided by:





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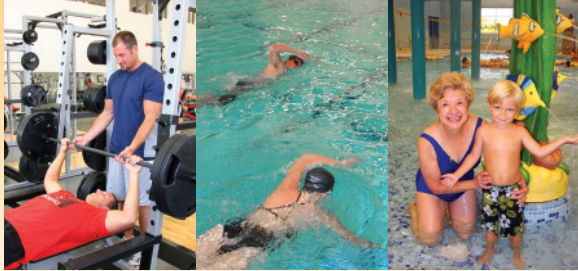
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Come play for the day!

Work out. Swim. Play. Come ready to use the equipment, swim in the pools, and have fun with the whole family. You can tour and use the facility for free during the grand opening.

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Grand Opening and Open House
Saturday, Sept 20 from Noon til 6pm**

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Spring Lake, MI 49456

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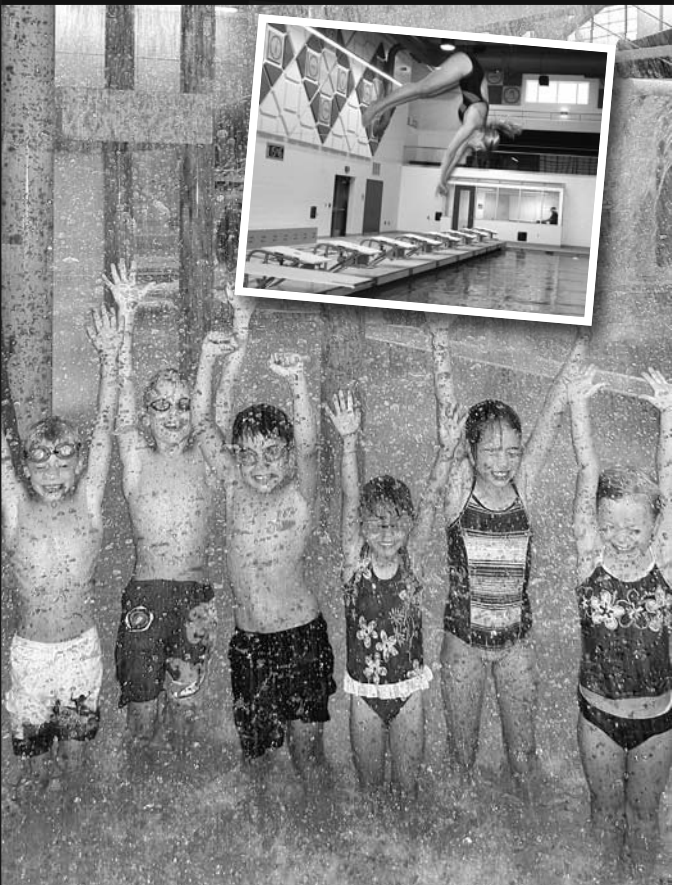
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